

91045 **Reliv Delight**[®]

Purpose: Milk Substitute

Servings: 28

Directions: Add one scoop to 8 ounces of water for a single serving or add four scoops to every quart of water for larger amounts.



| It has... (Features) | Which means... (Benefits) |
|--|---|
| Calcium... | ...it supports the formation and repair of bones and teeth, and the functioning of the muscles, heart and nervous system. |
| Vitamin D... | ...it helps the body absorb calcium, boosts the immune system and provides additional health benefits. |
| Other essential vitamins and minerals... | ...it provides more of the recommended daily intake of several key nutrients than milk does |
| 3 grams of protein per serving... | ...it helps increase muscle mass and function and promotes overall fitness. |
| Only 90 calories per serving... | ... it is a great way to help maintain a healthy weight. |