

cool punch **Innergize!**

Nutrition Facts

Serving Size:
1 Scoop (19 g)

Servings per
Container: 28

Calories: 70
Calories from
fat: 0



INNERGIZE![®]
is a product of
RELIV, Inc.,
Chesterfield, MO
63006-0405.
Made in U.S.A.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat: 0g	0%	Total Carb.: 17g	6%
Saturated Fat: 0g	0%	Dietary Fiber: 0g	0%
Trans Fat: 0g	0%	Sugars: 14g	
Cholesterol: 0mg	0%	Protein: 0g	
Sodium: 50mg	2%		
Potassium: 60mg	2%		
Vitamin A.....	10%	Zinc.....	25%
(100% as Beta Carotene)		Chromium**	20%
Vitamin C.....	100%	*	Contains less than 2%
Calcium	20%	of the Daily Value of these	nutrients
Iron	*	** CHROMEMATE [®] brand of	Niacin bound chromium
Niacin	1%		
Magnesium	10%		

*Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may vary higher or lower depending on your calorie needs.

Nutrient	Calories	2000	2500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:	Fat 9	Carbohydrates 4	Protein 4

INGREDIENTS: Fructose, Maltodextrin, Citric Acid, Potassium Citrate, Natural Flavor, Tricalcium Phosphate, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Beta Carotene, L-Glutamine, L-Carnitine, OptiZinc[®] Brand of Zinc Monomethionine, ChromeMate[®] Brand of Niacin Bound Chromium Polynicotinate.