



Supplement Facts

Serving Size: 1 Scoop (18.3g) Servings Per Container 28

	Per Serving	
	Amount	% Daily Value
Calories	45	
Calories from Fat	8	
Total Fat	1.0 g	2%†
Saturated Fat	0 g	
Trans Fat	0 g	
Cholesterol	0 g	
Total Carbohydrate	3 g	1%†
Dietary Fiber	1 g	8%†
Sugars	1 g	*
Protein	7 g	14%†
Vitamin A	2500 IU	50%
Vitamin C	480 mg	800%
Vitamin D	400 IU	100%
Vitamin E	60 IU	200%
Thiamin (vitamin B-1)	3 mg	200%
Riboflavin (vitamin B-2)	4 mg	250%
Niacin	20 mg	100%
Vitamin B-6	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B-12	18 mcg	300%
Biotin	300 mcg	100%
Pantothenic Acid	20 mg	200%
Calcium	1000 mg	100%
Iron	10 mg	50%
Phosphorus	500 mg	50%
Iodine	150 mcg	100%
Magnesium	200 mg	50%
Zinc	16 mg	110%
Selenium	50 mcg	70%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	50 mcg	40%
Molybdenum	75 mcg	100%
Sodium	40 mg	2%
Potassium	200 mg	6%

NOW Proprietary Blend		190 mg	*
L-Methionine	Butternut Bark (<i>Juglans cinera</i>)		
Kelp (<i>Ascophyllum nodosum</i>)	Irish Moss (<i>Chondrus crispus</i>)		
Rutin (<i>Ruta graveolens</i>)	Garlic (<i>Allium sativum</i>)		
Licorice Root (<i>Glycyrrhiza glabra</i>)	Bromelain (from pineapple stem- <i>Ananas comosus</i>)		
Rhubarb Root (<i>Rheum officinale</i>)	Papain (<i>Carica papaya</i>)		
Cayenne (<i>Capsicum annum</i>)	n-zimes® and Isolase®		
Rose Hips (<i>Rosa canina</i>)	Pycnogenol®		

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily value not established

Other Ingredients: Non-GMO Soy Blend, Calcium Carbonate, Fructose, Brewers Yeast, Dicalcium Phosphate, Ascorbic Acid, Dimagnesium Phosphate, Soy Lecithin, Inulin, Natural & Artificial Flavor, Potassium Chloride, d-Alpha Tocopheryl Acetate, Calcium Pantothenate, OptiZinc® Brand of Zinc Monomethionine, Rebiana (natural sweetener), Ferrous Fumarate, Riboflavin, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Copper Gluconate, Manganese Sulfate, Vitamin A Palmitate, Folic Acid, Biotin, Potassium Iodide, Molybdenum Yeast, Selenomethionine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Vitamin B12, Vitamin D3

Reliv Now® is a product of Reliv, Inc., Chesterfield, MO 63006-0405.

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