

# Innergize!

Nature Identical  
Lemon Flavour

## INNERGIZE! NUTRITION INFORMATION

Servings per container 28

Per serving 18 g

(in 250 ml water)

Servings size 18 g

Per 7.2 g

(in 100 ml water)

Energy (average value) ...	245 kJ (59 cal)	.....	98 kJ (23.6 cal)
Protein .....	0 g	.....	0 g
Fat, total.....	0 g	.....	0 g
Carbohydrate, total.....	16.1 g	.....	6.44 g
Fructose .....	9.8 g	.....	3.92 g
Complex carbohydrate .....	6.3 g	.....	2.52 g
Sodium.....	103.5 mg	(18 mmol/L).....	41.4 mg
Potassium .....	29.3 mg	(3 mmol/L).....	11.72 mg
Magnesium.....	12.1 mg	(2 mmol/L).....	4.84 mg
Calcium .....	10.0 mg	(1 mmol/L).....	4.00 mg

## INGREDIENTS

Fructose, Maltodextrin, Food acid (citric acid), Sodium chloride, Flavour (nature identical), Magnesium sulfate, Potassium chloride, Calcium chloride, Colour.

Extreme exercise regimes may require increased dosage to replenish sodium loss.

STORE BELOW 30°C IN A COOL, DRY PLACE.

This Reliv product is available only through Reliv Independent Distributors.

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