



# now

dietary supplement

## Supplement Facts

Serving Size: 1 Scoop (18.3 g) Servings Per Container 28

	Per Serving	
	Amount	% Daily Value
Calories	45	
Calories from Fat	8	
Total Fat	1.0 g	2%†
Total Carbohydrate	3 g	1%†
Dietary Fiber	1 g	8%†
Sugars	1 g	*
Protein	7 g	14%†
Vitamin A	2500 IU	50%
Vitamin C	480 mg	800%
Vitamin D	400 IU	100%
Vitamin E	60 IU	200%
Thiamin (vitamin B-1)	3 mg	200%
Riboflavin (vitamin B-2)	4 mg	250%
Niacin	20 mg	100%
Vitamin B-6	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B-12	18 mcg	300%
Biotin	300 mcg	100%
Pantothenic Acid	20 mg	200%
Calcium	1000 mg	100%
Iron	10 mg	50%
Phosphorus	500 mg	50%
Iodine	150 mcg	100%
Magnesium	200 mg	50%
Zinc	16 mg	110%
Selenium	50 mcg	70%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	50 mcg	40%
Molybdenum	75 mcg	100%
Sodium	40 mg	2%
Potassium	200 mg	6%

<b>Now Proprietary Blend</b>	<b>190 mg</b>	<b>*</b>
L-Methionine		
Kelp ( <i>Ascophyllum nodosum</i> )		
Rutin ( <i>Ruta graveolens</i> )		
Licorice Root ( <i>Glycyrrhiza glabra</i> )		
Rhubarb Root ( <i>Rheum officinale</i> )		
Cayenne ( <i>Capsicum annuum</i> )		
Rose Hips ( <i>Rosa canina</i> )		
Butternut Bark ( <i>Juglans cinera</i> )		
Irish Moss ( <i>Chondrus crispus</i> )		
Garlic ( <i>Allium sativum</i> )		
Bromelain (from pineapple stem- <i>Ananas comosus</i> )		
Papain ( <i>Carica papaya</i> )		
n-zimes® and Isolase®		
Pycnogenol®		

†Percent Daily Values are based on a 2,000 calorie diet. \*Daily value not established.

**Other Ingredients:** Non-GMO Soy Blend, Calcium Carbonate, Fructose, Brewer's Yeast, Dicalcium Phosphate, Ascorbic Acid, Dimagnesium Phosphate, Non-GMO Soy Lecithin, Inulin, Natural & Artificial Flavor, Potassium Chloride, d-Alpha Tocopheryl Acetate, Calcium Pantothenate, OptiZinc® Brand of Zinc Monomethionine, Rebiana (natural sweetener), Ferrous Fumarate, Riboflavin, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Copper Gluconate, Manganese Sulfate, Vitamin A Palmitate, Folic Acid, Biotin, Potassium Iodide, Molybdenum Yeast, Selenomethionine, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Vitamin B12, and Vitamin D3.