



chocolate-coated granola
naturally flavored

Nutrition Facts			
Serving Size: 1 Bar (60g)			
Servings Per Container: 10			
Amount Per Serving			
Calories 250	Calories from Fat 80		
% Daily Value*			
Total Fat 9g	14%		
Saturated Fat 4g	20%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 95mg	4%		
Potassium 180mg	5%		
Total Carbohydrate 37g	12%		
Dietary Fiber 4g	16%		
Sugars 16g			
Protein 8g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 6%	• Iron 8%		
Thiamin 2%	• Vitamin E 2%		
Niacin 2%	• Riboflavin 6%		
Phosphorus 15%	• Vitamin B6 2%		
Magnesium 6%	• Pantothenic Acid 25%		
Manganese 2%	• Zinc 2%		
Copper 6%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	• Carbohydrate 4	• Protein 4

Ingredients: Brown Rice Syrup, Confectioner's Coating (Sugar, Palm Kernel Oil, Cocoa Powder, Whey Powder, Nonfat Milk Powder, Soy Lecithin, Natural Vanilla Flavor), Rolled Oats, Soy Crisps (Non-GMO Isolated Soy Protein, Tapioca Starch and Salt), Coconut, Desiccated Macaroon, Dry Roasted Almonds, Honey, Date Paste, Apple Fiber, Oat Fiber, Nonfat Dry Milk, Vanilla, Soy Lecithin, Pycnogenol® (French Maritime Pine Bark Extract).



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